Slow Pull Testing of Progress Capture Devices

By DJ Walker & Russell McCullar

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Abstract:

For years, rope rescuers and students have calculated the safety margin of systems by comparing the greatest expected load and the weakest engineered component of a rope system. This ratio is often referred to as a Static System Safety Factor (SSSF). It allows for a safety margin or buffer to account for unidentified forces caused by friction and other "noise" within a system. The breaking strengths used to calculate the SSSF are often published by equipment manufactures and even stamped on products that are tested by third parties. The problem is that devices used in haul systems, acting as Progress Capture Devices or Ratchet Cams, do not have consistent published rates of failure. The purpose of this research is to identify the failure strengths and conditions of common PCDs and publish the information using conservative 3-sigma values in a format of SSSF ratios.

This allows rescuers and students to more readily perform field calculations of the SSSF of their haul systems and choose the most appropriate devices for a given application. The following research questions were answered using empirical testing and observation.

- A. What is the 3-Sigma MBS of a single Prusik, double Prusik, Rescuescender, Grip, Munter Hitch, I'D, and MPD when used on **12.5mm** PMI EZ-Bend?
- B. What is the 3-Sigma MBS of a single Prusik, double Prusik, Rescuescender, Grip, Munter Hitch, I'D, and MPD when used on **11mm** PMI EZ-Bend?
- C. What constitutes a failure of a PCD?
- D. What constitutes a loss of confidence of a PCD?

Bios: This will be a joint presentation by Russell MuCullar and DJ Walker.

DJ Walker: DJ is currently a Lieutenant in the Austin Texas Fire Department (AFD), serving as the Special Operations Training Officer. His responsibilities include the development and management of the Special Operations Training program for the 140 member AFD Special Operations Team. DJ is the Chair and founding member of a technical rescue committee called Regional Standardization of Equipment and Training (ReSET) who created and delivers a technical rescue training program that serves agencies in Central Texas. DJ is a member of Texas Task Force One, serving the State of Texas as a Helicopter Search and Rescue Technician (HSART), deploying with Texas Military Forces Blackhawk helicopters in time of disaster. He has been the South Central Regional Coordinator for the National Cave Rescue Commission (NCRC) since 2004 and facilitates cave rescue training and provides cave rescue resources in five states. DJ served as the Technical Rescue Track Leader for five consecutive NASAR conferences in the mid 2000's. When not working, DJ enjoys caving, climbing, hiking and doing anything outdoors. He has been a student of Technical Rescue since 1998 and regularly teaches rescue for a number of organizations. This will be his 12th ITRS to attend.

James Russell McCullar II: Mr. McCullar is a Senior Instructor with the Mississippi State Fire Academy. His responsibilities include the management of NFPA 1006 Rescue Programs. Russell is a Rescue Specialist and Technical Search Specialist with FEMA Tennessee Task Force 1. His firefighting and rescue career began with the Lafayette County Fire Department in Oxford, MS, as a volunteer firefighter, where he ascended to the rank of Station Captain. As a career firefighter with the Batesville Fire Department, he rose to the rank of Station Lieutenant before his departure in 2010. In 2009, he earned his Master's Degree in Homeland Security at the University of Mississippi where he also received a Bachelor of Business Administration in Management in 2005. Over a fourteen-year career, he maintains certificate training in excess of 3000 hours and over 2000 hours of instruction in technical rescue. Mr. McCullar spends his time instructing other rescuers around the state of Mississippi and the country. He resides in Brandon, Mississippi with his wife, Sydney.

Slow Pull Testing of Progress Capture Devices

2014 International Technical Rescue Symposium DJ Walker & Russell McCullar

Rescue technicians strive to evaluate the integrity and behavior of their system components, and give consideration to those characteristics as they relate to safety. One of the more common analyses done of a rescue system is a **Static System Safety Factor (SSSF)** analysis. This **SSSF** is essentially the ratio of system or component strength compared to anticipated force. The **SSSF** becomes difficult to assess when the strength of a component, or the interaction of that component within the system, is unknown. Most of the engineered equipment and software common in rope rescue have a published and labeled Minimum Breaking Strengths (MBS) provided by the manufacturer and often validated by Underwriters Laboratories.

The problem is that devices used in haul systems, acting as **Progress Capture Devices (PCDs)** or ratchets, do not have consistent published rates of failure. There is no widely proliferated information outlining how these **PCDs** interact with the host rope at the point of failure. As a consequence of this information-gap, field practitioners cannot accurately calculate the **SSSF** in their systems. The researchers feel this likely leads to an over-estimation of system integrity and **SSSFs**. The purpose of this research is to identify the failure strengths and conditions of common **PCDs** and publish the information detailing high, low, and average rates of failure as well as the conditions in which this occurs.

The results of this research will allow rescuers and students to more readily perform field calculations of the SSSF of their haul systems and choose the most appropriate devices for a given application. The following research questions are the goal of this project. They will be explored using empirical testing and observation.

- 1. What is the strength of a single Prusik, tandem Prusik, Rescucender, Grip, Munter Hitch, I'D, and MPD when used on both new and old 12.5mm PMI EZ-Bend Kernmantle Rope?
- 2. What is the strength of a single Prusik, tandem Prusik, Rescucender, Grip, Munter Hitch, I'D, Basic, and MPD when used on both new and old 11mm PMI EZ-Bend Kernmantle Rope?
- 3. What constitutes a failure of a PCD?
- 4. What constitutes a loss of confidence of a PCD?

Background

SSSF

It is important that "Safety Factor," in the context of rescue and this research is clearly defined. There are two types of Safety Factors relevant to Technical Rescue:

- 1. <u>Component to Force Ratio</u>- the ratio between the MBS of a component compared to the force applied to it.
- 2. <u>Static System Safety Factor (SSSF)-</u> the Component to Force Ratio of the weakest link in the whole system.

Technicians must be capable of assessing forces applied to components. They must also be familiar with the Minimum Breaking Strength (MBS) of devices in the manner of which they are being used. There are a lot of myths about Safety Factors. The most prevalent of these incorrectly states that the National Fire Protection Association (NFPA) requires a 15:1 safety factor. NFPA has not published a minimum "Safety

Factor" in their technical rescue standards. It is up to teams, or Authorities Having Jurisdictions (AHJs) to decide how they implement Safety Factors into their programs or Standard Operating Guidelines.

Central to determining a Safety Factor is identifying the MBS of a component. Without this, half of the ratio does not exist. For some devices MBS is simple to define. Take a carabiner for example: apply force to it until it fails; do this with several samples; perform some statistical mathematics, and you have a fairly reliable MBS. For other devices defining MBS is not so easy. In some cases it just may not be possible. How can rescuers quantify the Safety Factor of these devices in their intended application?

The PCD

Progress Capture Devices (PCDs) are used to "capture the progress" made while operating a hauling system. They are often used to support the load so that a mechanical advantage system can be reset. In this application, the PCD sees an initial application of force as the load is transferred, from the haul team, onto the PCD. Once the load is fully supported by the PCD it holds the load static until the system operator(s) take further action. There are many devices that can be used as a PCD. For the purposes of our study we focused on the following:

- Munter Hitch
- Single Prusik (8mm)
- Tandem Prusik (8mm)
- Petzl Rescucender

- Petzl Basic
- Petzl l'D
- PMI/SMC Grip
- CMC MPD (Multi-Purpose Device)

It is important to note that the PCDs are loaded in a controlled fashion. It is not the intent of this study to examine similar devices in a dynamic setting or a belay configuration. The results of this study should not be applied to belays.

Literature Review

The following sources of information and literature were evaluated and considered in the context of the research: *Manual of U.S. Cave Rescue Techniques 3rd Ed., Engineering Practical Rope Rescue Systems, High Angle Rescue Techniques 3rd Ed., Technical Rescuer: Rope Levels 1 & 2, On Rope, CMC Rope Rescue Manual 3rd Ed., Is Slow-Pull Testing of Equipment Realistic?, 1-in. Webbing Anchor Tests (2000), NASAR Fundamentals of Search and Rescue, User documents for various pieces of hardware. Consulting with Engineers & Trainers at PMI, CMC Recue, and Petzl.*

Procedures & Experimental Design

All tests were conducted using a SKV Model TTL-10 horizontal test bed with 25,000 pound capacity at the PMI factory in LaFayette Georgia. The machine is in a large warehouse and conditions were a fairly consistent 72 degrees and 72% humidity. Each PCD was connected to the static end of the testing device with a SMC Light Steel Carabiner. Each rope section was 15 feet in length and was connected to a bollard on the end of a hydraulic ram. The ram had two speeds; the normal speed has a continuous pull rate of 6 inches per minute. The second speed, we called "Fast Forward", increased the rate of pull to 59 inches per minute. As each test began the "fast forward" was pressed until 1 Kilo-newton (kN) of force was exerted on the PCD, this was to simulate the initial loading of a PCD when the haul team is transitioning the load onto the PCD. A minimum of five samples of each combination of rope type and PCD type were tested. For a few combinations the sample size was increased due to unexpected anomalies or wide standard deviations. Each pull was continued until failure occurred, or five minutes elapsed time passed. During the tests, the following information was obtained: (a.) peak force value

upon failure, (b.) graphic representation of the escalation and reduction of forces for each test, (c.) realtime observation of each test, (d.) video documentation of relevant tests and findings, (e.) photographs of remarkable observations, (f.) samples retained of each test combination or result.

Two examples of the test set-up can be seen below:





The Rope and Prusiks

There are so many variations of rope construction both between different manufacturers and with different models from any one manufacturer. The researchers who initiated this study most commonly use PMI EZ-Bend rope. In the interest of focusing efforts and resources, the tests were performed on PMI EZ-Bend rope. Diameters tested were 11mm and 12.5mm rope. Both new rope and old rope was used. The new rope was cut directly off a spool that never left the PMI factory. The "old rope" came from three different training caches and was considered "in service" up until the day it was used for testing. The 11mm rope was about 10 years old and saw service about 15 days per year. The older 12.5mm rope was 7 years old and saw service about 50 days per year. The second "old" 12.5mm rope was manufactured in 2011, in service for 1 year, and saw 24 days of use.

In addition to the "standard construction ropes" we also included 11mm Extreme Pro rope in the testing. Extreme Pro is a new rope made by PMI. It is an all Polyester rope with a bonded core and sheath using what PMI calls "Unicore" technology. Only "new rope" was used for the Extreme Pro test series.

The cordage used for Prusiks also consisted of new and old, all manufactured by PMI. The new accessory cord was cut directly off a spool that never left the PMI factory. The "old Prusiks" came from the same respective training caches as the rope and varied in age from 2004-2010.

Failure vs System Operation Limit

As the tests were conducted, a distinct behavior pattern was observed. Some rope/PCD combinations would behave in a way that was considered a "Failure" while others reached what the researchers deemed the "System Operation Limit".

Failure- an outcome that would have allowed the load to release and fall to the ground, or those outcomes that severely damaged the rope or PCD to the point that there was a *loss of confidence* in the ability for the PCD/rope to support the load. The most common type of *loss of confidence* was desheathing the rope, exposing the core.

System Operation Limit- an outcome where the rope or PCD did not cause a release of the load but the combination achieved a force where it would not perform the intended job (Progress Capture). Most commonly this was when the rope continuously slipped through the PCD and would not hold the load or cause a loss of confidence in the system's ability to support the load.

Limitations of Research

Time and budgetary constraints prohibited all possible PCD and rope combinations from being tested. Relevant devices that could be tested might include ratcheting pulleys, Gibbs Ascenders, and other camactuated PCDs. These results may not necessarily be extrapolated to ropes with a differing number of sheath carriers or handling characteristics. The sample sizes were limited to 5 tests per combination in an initial attempt to gain 3-sigma values. Three-sigma reporting was later considered to be a poor fit for the scope of the study. As with all research, however, larger sample sizes would likely yield even more accurate averages and reduce standard deviations. Another limitation encountered was the variability of the loading of PCDs while the machine was in "fast forward." The intent was to load each device to 1 kN, but was limited by the researchers' and operators reaction time. Due to time constraints, an adjustment to the experimental design was made in the test lab. For time-saving purposes, devices clearly exhibiting what came to be known as a System Operation Limit (SOL) were given an arbitrary five minutes of testing once the rope began travelling through the device. This typically resulted in 30" of travel, but it cannot be absolutely concluded what may have occurred if pulled indefinitely. The Munter Hitch may have tested more favorably in a working position, rather than tied-off. This may not reflect true field values. The test machine cage and experimental design did not allow researchers to explore this avenue. Perhaps utilizing a hand or mechanical grip may have resulted in a potential SOL behavior.

Results

The pages that follow are the raw data and notes from 5 days of testing from June 30-July 3, 2014 and follow-up testing on August 15, 2014. Following the data are observations and some recommended action items the rescue community should consider based on empirical observations, discussions and deliberations, and statistical analysis as a result of the research and testing.

Single Prusik

8mm Single Prusik

New Rope,11mm	Peak KN	Peak Lbf	Comments		
11mm #1	14.69	3302.31	usik broke in the strand under the bridge		
11mm #2	13.74	3088.75	Desheathed the rope, Several incremental slips prior to failure, large slip just under 9kN, big slips @ 13 kN		
11mm #3	13.88	3120.22	sheathed the rope, Several incremental slips prior to failure, large slip just under ?, big slips @ ? kN		
11mm #4	13.85	3113.48	rusik broke at the hitch, under the bridge, but further into the wraps		
11mm #5	14.47	3252.86	usik broke in the strand under the bridge		
Average	14.13	3175.52			
StandDev	0.425	95.51			

8mm Single Prusik (Old)

Old Rope, 11mm- (Rope was put in service around 2004. Prusiks vary in age 2004-2008)

12.47 2803	2XU3 2h	very little slip(3-4"), desheathed the rope at 12.47kN (a short slip bonds and bights, followed by sheath strip
		at a slightly lower value)
12.09	2715 50	very little slip(3-4"), desheathed the rope at 12.08kN(slipped two times, second bonds and bights, followed
12.00	2715.50	by sheath strip at a slightly lower value)
11.61	2609.93	Slipped for several inches (6"-8"), then bit down and desheathed the rope at 11.61kN
9.41	2115.37	very little slip(2-3"), Prusik broke at the bridge at 9.41kN
8.12	1825.38	very little slip(2-3"), Prusik broke at the bridge at 8.12kN (prusik-2005)
11.35	2551.48	very little slip(2-3"), Prusik broke at the bridge at 11.35kN
10.67	2398.62	very little slip(2-3"), Prusik broke at the Carabiner bight at 10.67kN
10.88	2445.82	very little slip(2-3"), Slip at 10.2, then grabbed fast, Prusik broke at the Carabiner bight at 10.88kN
12.84	2886.43	Very little slip (2-3"), Slipped at 12.84, then bit down and desheathed the rope at 10.2kN
9.42	2117.62	very little slip(2-3"), Prusik broke at the Carabiner bight at 9.42kN
10.89	2446.95	
1.510	339.42	
	12.08 11.61 9.41 8.12 11.35 10.67 10.88 12.84 9.42 10.89	12.47 2803.26 12.08 2715.58 11.61 2609.93 9.41 2115.37 8.12 1825.38 11.35 2551.48 10.67 2398.62 10.88 2445.82 12.84 2886.43 9.42 2117.62 10.89 2446.95

8mm Single Prusik

New Rope, 12.5mm 12.5mm #1 13.87 3117.98 Prusik broke in the strand under the bridge 12.5mm #2 16.59 3729.43 Prusik broke in the strand under the bridge 12.5mm #3 14.72 3309.06 Prusik broke in the strand under the bridge 12.5mm #4 3174.18 Prusik broke in the strand under the bridge 14.12 12.5mm #5 14.82 3331.54 Prusik broke in the strand under the bridge 14.82 3332.44 Average 1.065 239.37 StandDev

8mm Single Prusik (Old)

Old Rope, 12.5mm- (Rope was put in service around 2007. Prusiks vary in age 2006-2013)				
12.5mm #1	13.35	3001.08	very little slip (mainly as prusik tightened down), Prusik broke at the carabiner bight at 13.35kN	
12.5mm #2	14.09	3167.43	very little slip (mainly as prusik tightened down), Prusik broke at the carabiner bight at 14.09kN	
12.5mm #3	8.94	2009.71	very little slip (mainly as prusik tightened down), Prusik broke at the bridge at 8.94kN (prusik 2007)	
12.5mm #4	8.34	1874.83	very little slip (mainly as prusik tightend down), Prusik broke at the carabiner bight at 8.34kN	
12.5mm #5	11.19	2515.51	Slipped 3.5", prusik broke ar the carabiner bight at 11.19kN (prusik 2006)	
Average	11.18	2513.71		
StandDev	2.562	575.99		

Single Prusik

New Rope, 11mm ExPro

New Rope, IIInn Exito						
11mm ExPro #1	10.73	2412.10	sheathed the rope at 10.73. Rope desheathed 4.5" from starting point			
11mm ExPro #2	9.7	2180.56	ntinuiously "skipped" down the rope, would build to 9.5-9.7 and "skip". 21" of slip from the starting point			
11mm ExPro #3	10.95	2461.56	sheathed the rope at 10.95. Rope desheathed 3.5" from starting point			
11mm ExPro #4	10.2	2292.96	Continuious smooth slide between 6-7kN for five minutes. Peaked at 10.2 kN, then began slip for 21"			
11mm ExPro #5	11.49	2582.95	Detheathed the rope at about 8kN, peak force was 11.49, 4.25" from the starting point			
Average	10.61	2386.03				
StandDev	0.689	154.95				

[XX	XXXX	Grey cells represent a "Fail"
	XX	XXXX	White cells represent "System Operation Limit"
[ХХ	XXXX	Bold text represent an abnormal result

Tandem Prusiks

8mm Tandem Prusik (New) New Rope, 11mm Peak KN Peak Lbf Comments

New Rope, 11mm	Реак кіх	Peak LDT	comments	
11mm #1	25.88	5817.82	sheathed rope in front of short prusik at 25.88 kN- 6.5" of slip from starting point (long prusik)	
11mm #2	23.47	5276.06	sheathed rope in front of short prusik at 23.47 kN- 7.5" of slip from starting point (long prusik)	
11mm #3	23.89	5370.47	desheathed rope in front of short prusik at 23.89 kN- continued to pull, desheathed in front of long prusik at 20.5ish	
11mm #4	24.18	5435.66	nort prusik broke at 24.18 under the bridge, continued the pull, long prusik broke at 14.72	
11mm #5	23.86	5363.73	nort prusik broke at 23.86 under the bridge, continued the pull, Long prusik desheathed the rope at 12.88	
Average	24.26	5452.75		
StandDev	0.942	211.83		
11mm Anom1	26.290		Machine started pulling at a much faster rate unexpectedly. Pulled fast with desheathing in front of short prusik at 26.29	

8mm Tandem Prusik (Old)

Old Rope, 11mm- (Rope was put in service around 2004. Prusiks vary in age 2004-2008)					
11mm #1	18.43	4143.06	Some slipping (3.5"), Large slip around 18 kN, then Short prusik desheathed the rope at 18.43kN		
11mm #2	15.87	3567.58	13-14" of slippage, then bit down and desheathed the rope at 15.87kN		
11mm #3	19.65	4417.32	Some slipping (3.5"), Large slip at 19.65 kN, reducing loading, then Short prusik bit down and desheathed the rope at 15.8kN		
11mm #4	16.35	3675.48	10-12" of slippage of slip, 16.34 kN Short prusik broke at the bridge, Continued pull, long prusik slipped an additional 2-3" and then		
11mm #4			desheathed the rope at about 10kN		
11mm #5	15.85	3563.08	12-13" of slippage, short prusik desheathed the rope at 15.85kN		
Average	17.23	3873.30			
StandDev	1.719	386.51			

8mm Tandem Prusik (New)

New Rope, 12.5mm					
12.5mm #1	26.02	5849.30	neathed rope in front of long prusik at 26.02		
12.5mm #2	27.75	6238.20	eathed rope in front of long prusik at 27.75		
12.5mm #3	25.14	5651.47	Short Prusik Broke at 25.14 under the bridge; continued pull and long prusik broke at an unknown value		
12.5mm #4	27.66	6217.97	Both prusiks broke at the same time under the bridges (4.5" of slippage from start to stopping point in front of the long prusik		
12.5mm #5	28.32	6366.34	Short Prusik Broke at 28.32 under the bridge; continued pull and long prusik desheathed the rope at 14.24		
Average	26.978	6064.65			
StandDev	1.338	300.72			

8mm Tandem Prusik (Old)

Old Rope, 12.5mm- (Rope was put in service around 2007. Prusiks vary in age 2006-2013)				
12.5mm #1	24.96	5611.01	3-4" of slippage, desheathed the rope in front of long prusik at 24.96kN	
12.5mm #2	18.45	4147.56	2-3" of slip, short prusik broke at the bridge 18.45kN, continued pull, long prusik broke at the bridge 12.8kN	
12.5mm #3	16.67	3747.42	3-4" of slip, short prusik broke at the carabiner 16.67kN, continued pull, long prusik broke at bridge 8.59kN	
12.5mm #4	21.4	4810.72	4-5" of slippage, desheathed the rope in front of the long prusik at 21.4kN	
12.5mm #5	19.21	4318.41	5.5" of slippage, short prusik broke at carabiner 19.21kN, continued pull, long prusik broke at bridge 11.5kN	
12.5mm#6	16.35	3675.48	2-3" of slip, short prusik broke at the bridge 16.35kN, continued pull, long prusik broke at the carabiner bight 10.2kN	
12.5mm#7	17.69	3976.71	Short Prusik broke @ 17.69 kN, then long slipped and bites down and broke @ 14.1, Slipped 3"	
12.5mm#8	24.8	5575.04	Short Prusik broke @ 24.80 kN, then long slipped and bites down and desheathed @ 15.9, Slipped 4-6"	
Average	19.941	4482.79		
StandDev	3.430	771.03		

Tandem Prusik (New)

New Rope, 11mm Ex Pro				
11mm ExPro #1	10.4	2337.92	Short prusik elongated and bumped against the long prusik, both continuously slipped down the rope at about 6.1 kN for five minutes	
11mm ExPro #2	10.1	2270.48	Short prusik elongated and bumped against the long prusik, both continuously slipped down the rope at about 6.1 kN for five minutes	
11mm ExPro #3	10.2	2292.96	Short prusik elongated and bumped against the long prusik, both continuously slipped down the rope at about 5.9-6.1 kN for five minutes	
11mm ExPro #4	14.28	3210.14	Desheathed rope in front of Short prusik at 14.28kN	
11mm ExPro #5	11.28	2535.74	Short prusik elongated and bumped against the long prusik, both continuously slipped down the rope at about 6.5-7 kN for five minutes	
Average	11.25	2529.45		
StandDev	1.756	394.67]	

XX	XXXX	Grey cells represent a "Fail"
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Petzl Rescucender

Rescucender

New Rope, 11mm	Peak KN	Peak Lbf	Comments
11mm #1	4.57	1027.34	Continuous slip, very smooth, Some sheath bunching
11mm #2	3.91	878.97	Continuous slip, very smooth, Some sheath bunching
11mm #3	4.08	917.18	Continuous slip, very smooth, Some sheath bunching
11mm #4	3.46	777.81	Continuous slip, very smooth, Some sheath bunching
11mm #5	3.42	768.82	Continuous slip, very smooth, Some sheath bunching

Rescucender

Average

StandDev

Old Rope, 11mm- (Rope was put in service around 2004)

874.02

106.91

3.888

0.476

11mm #1	3.12	701.38	Continuous slip, very smooth, Some sheath bunching	
11mm #2	3.30	741.84	Continuous slip, very smooth, Some sheath bunching	
11mm #3	4.07	914.94	Continuous slip, very smooth, Some sheath bunching	
11mm #4	4.85	1090.28	Continuous slip, very smooth, Some sheath bunching	
11mm #5	3.01	676.65	Continuous slip, very smooth, Some sheath bunching	
Average	3.670	825.02		
StandDev	0.779	175.12		

Rescucender

New Rope, 12.5mm

12.5mm #1	11.48	2580.70	As the sheath bunched, cam "skipped" several times
12.5mm #2	12.38	2783.02	Continuous slip, very smooth, Some sheath bunching, some "skips" after bunching
12.5mm #3	10.68	2400.86	Continuous slip, very smooth, Some sheath bunching, some "skips" after bunching
12.5mm #4	11.89	2672.87	Continuous slip, very smooth, Some sheath bunching, some "skips" after bunching
12.5mm #5	11.26	2531.25	Continuous slip, very smooth, Some sheath bunching, some "skips" after bunching
Average	11.54	2593.74	
StandDev	0.64	144.37	

Rescucender

Old Rope, 12.5mm- (Rope was put in service around 2007)

12.5mm #1	11.95	2686.36	Desheathed the rope
12.5mm #2	9.92	2230.02	Desheath the rope at 9.92, Continued pull until total failure 10.89
12.5mm #3	11.00	2472.80	Desheath the rope
12.5mm #4	9.79	2200.79	Desheath the rope
12.5mm #5	10.21	2295.21	Desheath the rope
Average	10.574	2377.04	
StandDev	0.901	202.62	

Rescucender

ExPro New Rope, 11mm

11mm ExPro #1	4.69	1054.31	Peaked at 4.69 and continuously slipped at about 4.3 for five minutes
11mm ExPro #2	4.73	1063.30	Started slipping at 2kN, continuously slipped at about 4.3 for five minutes
11mm ExPro #3	4.19	941.91	Peaked at 4.19 and continuously slipped at about 4 for five minute
11mm ExPro #4	4.08	917.18	Peaked at 4.08 and continuously slipped at about 4 for five minute
11mm ExPro #5	4.19	941.91	Peaked at 4.08 and continuously slipped at about 4 for five minute
Average	4.38	983.72	
StandDev	0.309	69.35	

XX	XXXX	Grey cells represent a "Fail"
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ХХ	XXXX	Bold text represent an abnormal result

SMC Grip

PMI/SMC Grip

New Rope, 11mm Peak KN Peak Lbf Comments

New Rope, 11mm	I Cak Kiv	I Cak LDI	comments
11mm #1	8.03	1805.14	little to no slip then desheathes rope at 8.03kN
11mm #2	8.99	2020.95	little to no slip then desheathes rope at 8.99kN
11mm #3	9.07	2038.94	little to no slip then desheathes rope at 9.07kN
11mm #4	7.67	1724.22	little to no slip then desheathes rope at 7.67kN
11mm #5	7.06	1587.09	little to no slip then desheathes rope at 7.06kN
Average	8.16	1835.27	
StandDev	0.864	194.16	

PMI/SMC Grip

New Rope, 12.5mm

12.5mm #1	9.89	2223.27	little to no slip then desheathes rope at 9.89kN; bent the Grip axle (exposed to 5 pulls)
12.5mm #2	9.81	2205.29	little to no slip then desheathes rope at 9.81kN;
12.5mm #3	10.33	2322.18	little to no slip then desheathes rope at 10.33kN;
12.5mm #4	11.21	2520.01	little to no slip then desheathes rope at 11.21kN;
12.5mm #5	10.91	2452.57	little to no slip then desheathes rope at 10.91kN;
Average	10.43	2344.66	
StandDev	0.617	138.79	

PMI/SMC Grip

New Rope, 11mm ExPro

11mm ExPro #1	6.72	1510.66	little to no slip then desheathes rope at 6.72kN
11mm ExPro #2	7.0	1641.04	little to no slip then desheathes rope at 7.3kN, continued pull, stayed steady about 3kN
11mm Expro #2	7.3		bunching the sheath up behind the Grip
11mm ExPro #3	7.4	1663.52	little to no slip then desheathes rope at 7.4kN
11mm ExPro #4	7.82	1757.94	little to no slip then desheathes rope at 7.82kN
11mm ExPro #5	6.88	1546.62	little to no slip then desheathes rope at 6.88kN
Average	7.22	1623.96	
StandDev	0.437	98.27	

Note: 2 of the 3 grips axel pins bent.

XX	XXXX	Grey cells represent a "Fail"			
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XX	XXXX	Bold text represent an abnormal result			

Munter Hitch (Tied-off with a half hitch followed by an overhand)

Munter Hitch

New Rope, 11mm	Peak KN	Peak Lbf	Comments
11mm #1	17.78	3996.94	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #2	17.28	3884.54	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #3	16.06	3610.29	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #4	15.72	3533.86	Major "Slip" through the hitch 15.72kN (likely the core breaking), then final break
			at about 6kN (likely the sheath breaking)
11mm #5	17.12	3848.58	Rope Broke where the loaded strand ran through the half hitch of the tieoff
Average	16.79	3774.84	
StandDev	0.867	194.91	

New Rope, 11mm Peak KN Peak Lbf Comments

Munter Hitch

Old Rope, 11mm- (Rope was put in service around 2004)

11mm #1	12.44	2796.51	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #2	13.26	2980.85	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #3	13.29	2987.59	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #4	12.59	2830.23	Rope Broke where the loaded strand ran through the half hitch of the tieoff
11mm #5	14.41	3239.37	Rope Broke where the loaded strand ran through the half hitch of the tieoff
Average	13.20	2966.91	
StandDev	0.779	175.05	

Munter Hitch

New Rope, 12.5mm

12.5mm #1	21.44	4819.71	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #2	22.5	5058.00	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #3	21.97	4938.86	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #4	25.53	5739.14	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #5	22.75	5114.20	Rope Broke where the loaded strand ran through the half hitch of the tieoff
Average	22.838	5133.98	
StandDev	1.587	356.80	

Munter Hitch

Old Rope, 12.5mm- (Rope was put in service around 2007)

12.5mm #1	14.26	3205.65	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12 Emain #2	14.53	3766 34	Major "Slip" through the hitch 14.5kN (likely the core breaking), then final break at
12.5mm #2	14.53		about 5.5kN (likely the sheath breaking)
12.5mm #3	15.42	3466.42	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #4	16.19	3639.51	Rope Broke where the loaded strand ran through the half hitch of the tieoff
12.5mm #5	14.39	3234.87	Rope Broke where the loaded strand ran through the half hitch of the tieoff
Average	14.958	3362.56	
StandDev	0.825	185.52	

XX	XXXX	Grey cells represent a "Fail"
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XX	XXXX	Bold text represent an abnormal result

CMC MPD

MPD

New Rope, 11mm	Peak KN	Peak Lbf	Comments
11mm #1	4.15	932.92	continuous slippage at about 4kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping
11mm #2	4.45	1000.36	continuous slippage at about 4.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping
11mm #3	4.1	921.68	continuous slippage at about 3.9kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (28" travel)
11mm #4	4.53	1018.34	continuous slippage at about 4.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (30" travel)
11mm #5	4.33	973.38	continuous slippage at about 4kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping
Average	4.31	969.34	
StandDev	0.186	41.77	
11mm #6A	4.61	1036.33	Parking break is set. Continuous slippage at about 4.2kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping

MPD

Old Rope, 11mm- (R	Old Rope, 11mm- (Rope was put in service around 2004)			
11mm #1	7.16	1609.57	continuous slippage (w/ some "skipping") at about 6.7kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	
11mm #2	7.24	1627.55	continuous slippage at about 6.25-7.2kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	
11mm #3	7.52	1690.50	continuous slippage at about 6.25-7.2kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	
11mm #4	7.9	1775.92	continuous slippage at about 7-7.9kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	
11mm #5	7.99		continuous slippage (w/ some "skipping") at about 7.6-7.9kN, then quit "skipping" and slipped about 6.5-7.4kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	
Average	7.56	1699.94		
StandDev	0.376	84.45		
11mm #6A	7.55	1697.24	Parking break is set. continuous slippage at about 6-7kNkN. Some bunching of the rope beyond the device. Rope still in good shape after slipping	

MPD

New Rope, 12.5mm	I.		
12.5mm #1	9.4	2113.12	continuous slippage at about 8.5-8.75kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (minor fuzzing)
12.5mm #2	8.67	1949.02	continuous slippage at about 8-8.4kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (minor fuzzing) (30")
12.5mm #3	8.64	1942.27	continuous slippage at about 7.9-8.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (minor fuzzing)
12.5mm #4	8.37	1881.58	continuous slippage at about 7.9-8.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (minor fuzzing) (30.5")
12.5mm #5	8.44	1897.31	continuous slippage at about 7.7-8.5kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping (minor fuzzing)
Average	8.704	1956.66	
StandDev	0.410	92.07	

MPD

Old Rope, 12.5mm- (test 1-10 rope was put in service around 2007; test 11-12 rope was in service 1 year)				
12.5mm #1	10.65	2394.12	continuous slippage at about 8.5-10.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #2	9.74	2189.55	continuous slippage at about 9-9.6kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #3	11.47	2578.46	continuous slippage at about 10-11.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #4	10.98	2468.30	continuous slippage at about 9.5-10.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #5	13.28	2985.34	Slipped for short distance (Approx. 12"), Desheathed the rope were the rope is "pinched" in the cam.	
12.5mm #6	16.24	3650.75	Slipped for short distance (Approx. 12"), Desheathed the rope were the rope is "pinched" in the cam.	
12.5mm #7	13.78	3097.74	continuous slippage at about 9.5-10.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #8	13.5	3034.80	Slipped for short distance (Approx. 8"), Desheathed the rope were the rope is "pinched" in the cam.	
12.5mm #9	11.09	2493.03	continuous slippage at about 10-10.5kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12 5 #10	10.05	2461.56	On application of force it bit down and caused some moderate sheath damage(core shot) and then began to slip. Continuous slippage at about 9-	
12.5mm #10	10.95		10.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. Some "skipping"	
12.5mm #11 ***	8.73	1962.504	continuous slippage at about 7.9-8.8kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. No Skipping	
12.5mm #12 ***	8.31	1868.088	continuous slippage at about 7.5-8kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. No Skipping (30" slip)	
			continuous slippage at about 8-8.75kN. Small "pop" and then the slipping started. Some bunching of the rope beyond the device. Rope still in good	
12.5mm #13 ***	8.83	1984.984	shape after slipping. No Skipping (34° Slip)	
12.5mm #14 ***	7.66	1721.968	continuous slippage at about 7-7.6kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. No Skipping (30" slip)	
12.5mm #15 ***	8.40	1888.32	continuous slippage at about 8-8.4kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping. No Skipping	
Average	10.907	2451.97		
StandDev	2.442	548.88		

*** Denotes that this is a different rope from previous tests. This rope was in service for 1 year.

MPD			
New Rope, 11mm			
11mm ExPro #1	6.24	1402.75	continuous slippage at about 6kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping.
11mm ExPro #2	6.82	1533.14	continuous slippage at about 6.5-6.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping.
11mm ExPro #3	6.24	1402.75	continuous slippage at about 6-5.8kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping.
11mm ExPro #4	6.42	1443.22	continuous slippage at about 6.25kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping.
11mm ExPro #5	6.07	1364.54	continuous slippage at about 6-5.8kN. Some bunching of the rope beyond the device. Rope still in good shape after slipping.
Average	6.36	1429.28	
StandDev	0.286	64.38	

m (inside), then V or (triangle) when running through deep pulley sheave upon exiting Note: Tensioned end of rope snape at ca

[XX	XXXX	Grey cells represent a "Fail"
[XX	XXXX	White cells represent "System Operation Limit"
ſ	XX XXXX Bold text represent an abnormal result		Bold text represent an abnormal result

Petzl I'D

Petzl ID

New Rope, 11mm	Peak KN	Peak Lbf	Comments
11mm #1	4.63	1040.82	Continuous slipping around 4-4.2kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. (30")
11mm #2	4.47	1004.86	Continuous slipping around 3.8-4.2kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #3	4.86	1092.53	Continuous slipping around 4.25-4.75kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #4	4.65	1045.32	Continuous slipping around 4-4.25kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #5	4.78	1074.54	Continuous slipping around 4.25-4.75kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
Average	4.68	1051.61	
StandDev	0.150	33.70	

Petzl ID

Old Rope, 11mm- (Rope was put in service around 2004)

old Rope, 11mm (Sid hope, 11mm (hope was partiliservice around 2004)		
11mm #1	7.16	1609.57	Continuous slipping around 6-7kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #2	6.66	1497.17	Continuous slipping around 5-6.5kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #3	8.00	1798.40	Continuous slipping around 6-7kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #4	6.34	1425.23	Continuous slipping around 5.8-6.1kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
11mm #5	7.35	1652.28	Continuous slipping around 6.2-7kN. Some bunching of the rope sheath beyond the device. Rope still in fair shape after slipping.
Average	7.10	1596.53	
StandDev	0.642	144.26	

Petzl ID

New Rope, 12.5mm	lew Rope, 12.5mm				
12.5mm #1	5.6	1258.88	Continuous slipping around 5-5.25kN. Bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. (31" of slip) No noticeable rope treatment in device		
12.5mm #2	5.82	1308.34	Continuous slipping around 5-5.25kN. Bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. No noticeable rope treatment in device		
12.5mm #3	5.64	1267.87	Continuous slipping around 5.5-5.75kN. Bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. No noticeable rope treatment in device		
12.5mm #4	5.79	1301.59	Continuous slipping around 5-5.75kN. Bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. No noticeable rope treatment in device		
12.5mm #5	5.72	1285.86	Continuous slipping around 5-5.75kN. Bunching of the rope sheath beyond the device. Rope still in fair shape after slipping. No noticeable rope treatment in device		
Average	5.714	1284.51			
StandDev	0.094	21.18			

Petzl ID

Old Rope, 12.5mm			
12.5mm #1	8.11	1823.13	Desheathed the rope at 8.11kN where the rope is pinched by the cam. Little to no slipping
12.5mm #2	6.88	1546.62	Desheathed the rope at 6.88kN where the rope is pinched by the cam. Little to no slipping
12.5mm #3	6.70	1506.16	Desheathed the rope at 6.7kN where the rope is pinched by the cam. Little to no slipping. Continued pulling, and it continued to pop core bundles. Saw an additional peak of 8.05kN
12.5mm #4	8.01	1800.65	Desheathed the rope at 8.01kN where the rope is pinched by the cam. There was 4-6" inches of slip prior to biting down.
12.5mm #5	6.29	1413.99	Desheathed the rope at 6.29kN where the rope is pinched by the cam. There was 4-6" inches of slip prior to biting down.
12.5mm #6 ***	5.95	1337.56	continuous slippage at about 5.2-6kN. Some bunching of the rope beyond the device. Moderate amount of sheath picks after pull (coming from "V" of new cam). No Skipping
12.5mm #7 ***	6.25	1405	continuous slippage at about 5.5-6kN. Some bunching of the rope beyond the device. Moderate amount of sheath picks after pull (coming from "V" of new cam). No Skipping
12.5mm #8 ***	5.47	1229.656	continuous slippage at about 4.8-5.4kN. Some bunching of the rope beyond the device. Moderate amount of sheath picks after pull (coming from "V" of new cam). No Skipping
12.5mm #9 ***	5.71	1283.608	continuous slippage at about 5-5.6kN. Some bunching of the rope beyond the device. Moderate amount of sheath picks after pull (coming from "V" of new cam). No Skipping
12.5mm #10 ***	5.64	1267.872	continuous slippage at about 5-5.2kN. Some bunching of the rope beyond the device. Moderate amount of sheath picks after pull (coming from "V" of new cam). No Skipping
Average	7.198	1618.11	
StandDev	0.816	183.48	1

*** Denotes that this is a different rope from previous tests. This rope was in service for 1 year.

Petzl ID

New Rope, 11mm ExPro There was an initial peak that significantly damaged part of the sheath where the cam pinches the rope, then it continuously slipped 6-6.25kN with no further 11mm ExPro #1 7.15 1607.32 damage. Some bunching of the rope sheath beyond the device 7.38 1659.02 11mm ExPro #2 Continuous slipping around 6kN. Some bunching of the rope sheath beyond the device. Some "lumps" in the rope where it traveled through the device On the application of force the device bit down and significantly damaged the sheath where the cam pinches the rope, then continuously slipped 6-6.5kN with 11mm ExPro #3 7.04 1582.59 no further damage. On application of force the device bit down and damaged the sheath. Device then allowed rope to slide through (12-14") until 3 min into the slipping it bit down 11mm ExPro #4 7.73 1737.70 and desheathed the rope where the cam pinches the rope. Continuous slipping around 6kN. Some bunching of the rope sheath beyond the device. Some "lumps" in the rope where it traveled through the device. 11mm ExPro #5 7.17 1611.82 Noticeable glue on sheathe and device

 Average
 7.29
 1639.69

 StandDev
 0.273
 61.37

Note: Appears to be small specks of glue on the rope sheath and in the device after test.

XX	XXXX	Grey cells represent a "Fail"			
XX	XXXX	White cells represent "System Operation Limit"			
ХХ					

Petzl Basic

Petzl Basic

New Rope, 11mm Peak KN Peak Lbf Comments

New Rope, 1100	FEAK KIN	FEAKLUI	comments
11mm #1	5.67	1274.62	Desheathed the rope at 5.67kN
11mm #2	5.35	1202.68	Desheathed the rope at 5.35kN
11mm #3	5.66	1272.37	Desheathed the rope at 5.66kN
11mm #4	5.85	1315.08	Desheathed the rope at 5.85kN
11mm #5	5.45	1225.16	Desheathed the rope at 5.45kN
Average	5.60	1257.98	
StandDev	0.197	44.38	

Petzl Basic

Old Rope, 11mm- (Rope was put in service around 2004)

11mm #1	5.66	1272.37	Desheathed the rope at 5.66kN
11mm #2	5.97	1342.06	Desheathed the rope at 5.97kN
11mm #3	5.52	1240.90	Desheathed the rope at 5.52kN
11mm #4	5.26	1182.45	Desheathed the rope at 5.26kN
11mm #5	5.68	1276.86	Desheathed the rope at 5.68kN
Average	5.62	1262.93	
StandDev	0.258	58.11	

Note: Same device for all above tests. After last test, device was still usable but cam was binding slightly.

Petzl Basic

New Rope, 11mm

11mm ExPro #1	5.37	1207.18	Basic broke at 5.37kN. Rope has little to no sheath damage. (This was the 11th test with this device).
11mm ExPro #2	6.16	1384.77	Desheathed rope @6.16kN (Device 2)
11mm ExPro #3	5.98	1344.30	Basic broke at 5.98kN. Rope has little to no sheath damage. (Device 2, 2nd pull).
11mm ExPro #4	6.43	1445.46	Desheathed the rope at 6.43kN (Device 3).
11mm ExPro #5	6.19	1391.51	Desheathed the rope at 6.19kN. (Device 4).
11mm ExPro #6	6.26	1407.25	Desheathed the rope at 6.26kN. (Device 6).
11	5.81	1306.09	Desheathed the rope at 5.81kN. (Device 6). Continued pull until Rope sheath bunched and jammed in
11mm ExPro #7			the device. Basic Broke at 9.10kN after 5.5 feet of slipping
11mm ExPro #8	5.61	1261.13	Basic broke at 5.61kN. Rope has little to no sheath damage. (Device 4, 2nd pull.
11mm ExPro #9	5.6	1258.88	Basic broke at 5.37kN. Rope has little to no sheath damage. (Device 3, 2nd pull).
11mm ExPro #10	5.25	1180.20	Basic broke at 5.37kN. Rope has little to no sheath damage. (Device 5, 2nd pull).
Average	5.87	1318.68	
StandDev	0.400	90.00	

XX	XXXX	Grey cells represent a "Fail"	
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ХХ	XXXX	Bold text represent an abnormal result	

Observations/Points of Consideration

No Perfect PCD Observed

1. There was not a single device that in some combination did not cause a failure. Though it is clear that some have a propensity to fail whereas others have a propensity to reach a System Operation Limit.

Devices that typically reached a System Operation Limit:

- Petzl Rescucender (except 7 year old 12.5mm well used rope)
- Petzl ID (except 7 year old 12.5mm well used rope)
- CMC MPD (except 7 year old 12.5mm well used rope)

Devices that typically Failed or caused a loss of confidence:

- Single Prusik
- Tandem Prusik
- SMC/PMI Grip
- Petzl Basic
- Munter (tied off w/ half-hitch and overhand finish- acted similar to a knot)

There are clear advantages to a PCD that reach a System Operation Limit and do not have a tendency to fail. These devices will just not operate as intended when subjected to higher forces. On the other hand those PCDs that fail include PCDs that have served the rescue community well for years. Suspending their use is not recommended, but instead realizing their expected behaviors and either choosing to accept them or not.

- Tandem Prusiks have a considerable higher holding capacity over singe Prusiks. Some text books and studies cite single triple-wrap Prusik's holding power ranging from 7.0-9.5 kN and Tandems from 7.5-10.5 kN. This research indicates to the contrary. Our study did not substantiate claims of little difference between singles and tandems.
- 3. Older Ropes and Prusiks trended toward much lower strengths. Additionally, the 7 year old 12.5mm rope that had been well used had a tendency to fail in those devices that typically otherwise would have reached a System Operation Limit.
- 4. Researchers early-on, and later a consulting statistician, noted an unusual trend of PCDs performing more safely and reliably on an 11mm host rope. These observations were not only confined to one-size-fits-all devices, but to Prusiks and devices engineered specifically for certain size host rope.
- 5. The bonded core and sheath of the Extreme Pro did not necessarily prevent desheathing of the rope. PCDs that typically caused desheathing on EZ-Bend rope also caused desheathing of the Extreme Pro in at least some of the tests.
- 6. The Extreme Pro rope behaved considerably different from the EZ-Bend rope. It is unclear if this is an artifact of the bonded core and sheath or that the rope is made of Polyester and not Nylon like the other ropes tested. The different behavior patterns were especially true with the Prusik tests:
 - Two of the five single Prusiks did slip continuously on Extreme Pro (as opposed to the norm of failing with EZ-Bend). The other three desheathed the rope (as opposed to the more normal breaking of the prusik).
 - Tandem Prusiks on Extreme Pro had considerable lower SOL or Fail values, almost equivalent to single Prusiks. Four of the five tandem Prusiks on Extreme Pro did slip continuously with one desheathing the rope.
 - All Prusik SOL or Fail values on Extreme Pro were markedly lower than the tests on EZ-Bend.

Conclusions and Recommendations

- 1. This research strongly indicates that Prusiks cannot be predictably or reliably counted upon to slip and re-grab- thus acting as "clutch." In some test sets, samples may have behaved as such, while other samples gave little warning before failing. Instructors and users relying on Prusiks to "clutch or force limit" should use extreme caution and consider suspending the use of this theory. Slipping Prusiks appear to be an indicator of impending failure more so than a "clutch or force limiter".
- 2. When using PCDs that have a tendency to fail, it is recommended that users employ a Safety Factor of 5:1 or greater. It may be prudent to engineer other parts of the system to a higher Safety Factor, but for most applications the PCD may be allowed to have a lower Safety Factor due to the nature of its tasking -being that it is temporarily supporting a static load.
- 3. For those PCDs that have a tendency to reach a System Operation Limit, it is recommended that the System Operation Limit be at least 1.5 to 2 times the anticipated static load. This will account for some dynamic loading and other factors that could cause small increases in force.
- 4. Older Prusiks had a notably lower breaking strength than new prusiks. It is recommended that Prusiks be changed out regularly depending on use patterns. Annual or Bi-annual replacement cycles are recommended if the Prusiks see more than just a few days of service per year.
- 5. One of the most significant lessons of the research was in the degradation of nylon software. The oldest 12.5mm rope in our testing was 7 years old and saw significant service every year. This rope did not perform well in many PCDs. We followed up and performed tests on a more moderately used rope with only 1 year of service and found that it performed much better. It is essential that organizations implement proactive gear management systems and protocols. It is recommended that ropes seeing significant service be replaced on shorter service intervals. It quite possibly may be that a good starting point is five years for ropes that see significant use.

Recommendations for Future Research

- 1. Expand testing to include ratcheting pulleys, Gibb Ascenders, and other common devices.
- 2. Expand and duplicate testing on similarly sized ropes with higher carrier sheaths from different manufacturers.
- 3. Look more deeply into software use, degradation of nylon, and product life-cycle of rope, accessory cord, and webbing. This should especially be done with high-volume training organizations.
- 4. Examine the behavior of PCDs on ropes made with different material (e.g. polyester).